Competency Framework Overview Table: For Participants				
	Intrapersonal (Being) Competencies	Interpersonal (Relating) Competencies	Cognitive (Knowing) Competencies	Action (Doing) Competencies
Transformative Learning Competencies • COMPS FOR ALL	Clarity of purpose, values & vision & commitment and motivation to learning Self-awareness, emotional literacy & regulation	Contributing to group spaces in ways that promote learning and regeneration Effective communication skills and practice Understanding of and creative engagement with power dynamics Aligning behaviour with values and vision	Critical analysis of mechanism through which meaning/knowledge is made, valued & promoted (individually & collectively) Ability to navigate complexity & think in terms of systems Knowing how to manage high levels of change & conflict effectively	Aligning behaviour with values and vision
FOR TRAINERS & CATALYSTS	Behavioural self-awareness and adaptability in role as trainer	Creating a group container Sensing/reading and working with group dynamics in service of learning	Deep understanding of transformative learning theory and practise	TL learning design Holding learners on a non-linear, non-traditional learning journey Creating safe spaces that can work effectively with discomfort Anchoring learning in experience and practice Building in the support infrastructure for trainers themselves
Blended Learning Competencies • COMPS FOR ALL	Self-awareness	Communication skills Community building	Understanding of blended learning as an approach to capacity building	Practical Tech literacy Self-management Research skills
FOR TRAINERS & CATALYSTS	Self-awareness in technological learning environments	Engaging in online environments Engaging in offline / in-person environments Managing group dynamics	Assessing & selecting technology suitable for the context & audience Allocating adequate human resource Experiential and participatory learning design competence	Design, facilitation & management of blended learning environments and pathways Technologically enhanced learning competence
Socio-Ecological Competencies COMPETENCIES AT DIFFERENT LEVELS FOR ALL: • LEARNERS / PARTICIPANTS • GROUPS, COMMUNITIES & MOVEMENTS • TRAINERS & CATALYSTS NOTE: Typically, these competencies will be spread across a team or group i.e. it is not expected that any individual would cover all these competencies!	Generic Intrapersonal (Being) transition competencies Positive mental habits or patterns Positive dispositions/ attitudes Appropriate identities/ worldview	Generic Interpersonal transition competencies Team working Engagement Communication & Simplexity	Competencies to enable transformative learning & action for transition Literacy in Sustainability. Regeneration & Resilience Cultural and Values-based (Normative) Literacy Systems Thinking Competencies Future Thinking, Visioning and Strategic Competencies Quantitative & Analytical Literacy Disciplinary and Interdisciplinary Competencies Social, Economic and Political Literacy Competence in Social Innovation Understanding of Biases in Thinking & Behaviour Regenerative / Permaculture Design Competencies Competency Literacy Competence in the selection and use of tools and methodologies Reflection, Checking, Testing, Monitoring and Evaluation Competencies Balancing Competencies EXPERIENTIAL UNDERSTANDING OF: Regeneratively sust / Low impact lifestyles (individual & collective) Health creating lifestyles Ethical lifestyles (individual & collective) Conscious / Spiritually oriented lifestyles which focus on our human relation with nature	Generic Action transition competencies Catalysing and maintaining positive collective action Technical or Discipline Specific Action Competencies Facilitation 'Translation' to specific contexts Project Design. Planning and Implementation. Resilience and Change Management Walking Your Talk
Comps combining BEING, INTERPERSONAL, ACTION & COGNITIVE DOMAINS	Organising & Managing Competencies Community of Practice Competencies Regenerative Enterprise Competencies Social Innovation & Creativity Regenerative Education Systems Competencies Competencies for Purposeful Collective Action Scaling & Multiplier Competencies Emergence/ 'Leadership'/ 'Pioneer' competencies Resilience competencies Hosting Competencies			